

WHAT YOU NEED WHEN PREPARING TO LEAVE

- ◇ Keys to House, Car and Safety Deposit Boxes
- ◇ Medications
- ◇ Jewelry
- ◇ Address Book
- ◇ Phone Card
- ◇ Pictures of You, Children and Your Abusive Partner
- ◇ Children's Small Toys
- ◇ Toiletries/Diapers
- ◇ Clothing
- ◇ Pets

TO DO

- ◇ Open a savings account in your own name.
- ◇ Get a post office box so that you can receive mail and checks.
- ◇ Plan where to stay and who would be able to lend you money in a crisis.
- ◇ Keep emergency phone numbers with you at all times.
- ◇ Contact the Victim Services Division or agency listed on the back for assistance with safety planning.

IN AN EMERGENCY CALL 911 IMMEDIATELY

Go to an emergency room
if you need medical help.

Take pictures of bruises and injuries.

Emerge! Center Against Domestic Abuse

888-428-0101

Wingspan
(520) 624-0348

**Southern Arizona Center
Against Sexual Assault (SACASA)**
(520)327-7273

**Administration of Resources and Choices
(ARC)**
(520) 623-3341



**PIMA COUNTY ATORNEY'S OFFICE
VICTIM SERVICES DIVISION**

32 N. Stone Avenue, 8th floor
(520)724-5525
www.pcao.pima.gov

DOMESTIC VIOLENCE SAFETY PLAN

Do You Feel Safe At Home?



You can.

**Pima County Attorney's Office
Victim Services Division**

DOES YOUR PARTNER EVER...

- ◇ Put you down, humiliate you, or call you names?
- ◇ Drive recklessly to scare you?
- ◇ Frighten you with threats of violence or throw things when angry?
- ◇ Hit or kick you and then blame you for it?
- ◇ Promise you it won't happen again...but it does?

SAFETY AT HOME

When abusive partner is there

- ◇ Stay out of rooms with no exit
- ◇ Avoid rooms that may have weapons
- ◇ Select a code word that alerts friends and children to call the police
- ◇ Leave a suitcase and checklist items with a friend
- ◇ Stay near a phone

When abusive partner has moved

- ◇ Obtain an Order of Protection
- ◇ Change locks on doors and windows
- ◇ Insert a peephole in the door
- ◇ Screen calls and block caller ID
- ◇ Get a 911 cell phone
- ◇ Inform landlord or neighbor of situation and ask that police be called if abusive partner is seen around the house.

SAFETY AT WORK

- ◇ Tell your employer
- ◇ Give security a photo of abusive partner and a copy of Order of Protection
- ◇ Screen your calls
- ◇ Have an escort to your bus or car
- ◇ Vary your route home
- ◇ Carry a noisemaker or personal alarm
- ◇ Get a 911 cell phone for your car

PROTECTING YOUR CHILDREN

- ◇ Plan and rehearse an escape route with your children
- ◇ If it is safe, teach them a code word to call 911
- ◇ Let school personnel know to whom children can be released
- ◇ Give school personnel a photo of abusive partner and a copy of Order of Protection
- ◇ Warn school personnel not to give out your address or phone number

GETTING AN ORDER OF PROTECTION

- ◇ Order of protection may be obtained during regular business hours at any city, county or state court.
- ◇ For more information, contact the Victim Services Division at (520) 724-5525, M-F, 8:00 am-5:00 pm.
- ◇ Keep your order with you at all times, and give copies to family, friends, schools, employers and babysitters.

WHAT YOU NEED WHEN PREPARING TO LEAVE

Identification

- ◇ Driver's License
- ◇ Children's Birth Certificates
- ◇ Your Birth certificate
- ◇ Social Security Cards
- ◇ Welfare Identification
- ◇ Medical Insurance Cards

Money

- ◇ Money and/or credit cards
- ◇ ATM Card
- ◇ Savings Books
- ◇ Checkbook

Legal Documents

- ◇ Lease, Rental Agreement or Deed to House/Property
- ◇ Car Registration & Insurance Papers
- ◇ Health & Life Insurance Papers
- ◇ Medical Records for You and Your Children
- ◇ School & Shot Records
- ◇ Work Permits, Green Cards or Visa
- ◇ Passport
- ◇ Divorce Papers
- ◇ Custody Papers